



Cancer & Chronic Conditions

We Believe in a Healthy Louisiana

In 2020, Ochsner Health unveiled Healthy State, a bold plan to partner with local and state leaders and organizations to realize a more equitable and healthier Louisiana. By engaging with healthcare, education and policy organizations from every sector and corner of the state, we are working together to tackle the leading causes of poor health and to create profound impact for Louisiana residents. Find out more at LiveHealthyState.org.

About the Healthy State Cancer & Chronic Conditions Focus

Multiple chronic conditions are the leading cause of premature death in Louisiana. Chronic conditions are medical conditions that last more than a year, require ongoing medical attention and/or limit daily life activities. The number of people living with two or more chronic conditions has increased over the last two decades. Adults with **multiple chronic conditions represent one of the highest-need segments of the population**, since each of their chronic conditions is likely to require extra medication and monitoring.

Focusing on prevention and the reduction of chronic conditions is important to the Healthy State initiative as better management can lead to a longer and healthier life. **The Centers for Disease Control and Prevention (CDC) estimates that 20%–40% of premature deaths are preventable.**

What Are the Impacts of Chronic Conditions?

- ✓ As the number of chronic conditions an individual experiences increases, the risks of the following outcomes also increase:
 - Physical, social and cognitive limitations
 - Unnecessary hospitalizations
 - Adverse drug events
 - Mortality
- ✓ The economic burden of multiple chronic conditions is substantial.
 - Adults who have five or more chronic conditions spend 14 times more on health services compared with adults who have no chronic conditions.
 - It is estimated that 71 cents of every dollar of healthcare spending goes toward treating people with multiple chronic conditions.

Sources: America's Health Rankings analysis of CDC, Behavioral Risk Factor Surveillance System, United Health Foundation

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Cancer is the second-leading cause of death in the U.S., with an estimated 1.9 million new cancer diagnoses in 2021.

Source: American Cancer Society, Facts & Figures 2021 Report



In 2014–2015, the direct and indirect costs of cardiovascular disease and stroke totaled approximately \$351.3 billion, around 14% of all U.S. health expenditures.

Source: Centers for Disease Control and Prevention, Louisiana



Chronic lower respiratory disease, primarily COPD, was the fourth leading cause of death in the U.S. in 2018 and the sixth leading cause of death in Louisiana in 2020.

Source: Centers for Disease Control and Prevention, Louisiana

Louisiana Rate of Multiple Chronic Conditions: 12.9%

America's Health Rankings defines multiple chronic conditions as having three or more of the following diseases: arthritis, asthma, chronic kidney disease, chronic obstructive pulmonary disease, cardiovascular disease (heart disease, heart attack or stroke), cancer (excluding skin), depression or diabetes.

Premature Death

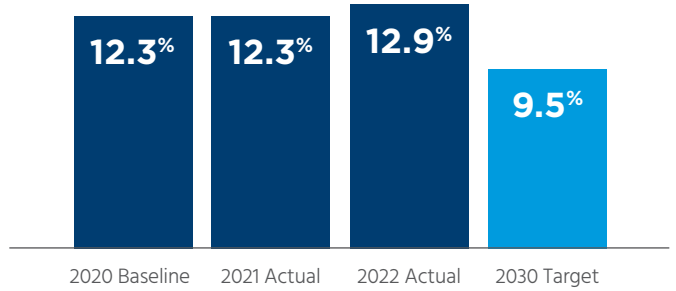
- ✓ Years of potential life lost before age 75 per 100,000 population (one-year estimate).
- ✓ More than half of all premature deaths for people over age 35 in Louisiana are from cancer and cardiovascular disease.

Success Measures

Goal: 100,000 fewer people with chronic conditions

- ✓ Decrease percentage of adults with multiple chronic conditions by 2.8% of adults annually by 2030.

Multiple Chronic Conditions



Questions? Email healthystate@ochsner.org

